

Rapid Access Endoscopy Request

Macquarie Gastrointestinal Medical & Surgical Services

macquarie **gi**

✓ Please tick

Preferred day

Prof John Cartmill

Dr Matt Rickard

A/Prof James Gallagher

Prof Anthony Evers

A/Prof Alice Lee

Next available consultant

Dr Anil Keshava

Dr Eric Lee

**Consultant surgeon

Dr Sam Kuo

A/Prof Rupert Leong

**Consultant physician

Gastroscopy

Colonoscopy

Consultation

PATIENT DETAILS (*essential information)

*Name:

*Phone: (H)

*Date of birth:

(W)

*Health Fund:

Address:

email:

***Clinical Indication**

Other significant illnesses:

Medication: warfarin/ heparin/ clopidogrel/ insulin/ oral hypoglycaemic

please list:

REFERRING DOCTOR (*essential information)

*Name:

Provider number:

Address:

Phone/ Fax:

Signed:

*Referral date:

Fax completed request form to **(02) 9812 3886**.

Please include your contact phone number so we can contact you and your patient.

WHAT TO DO? After faxing us this request form on **(02) 9812 3886**, we will contact you regarding the booking, and any bowel preparation that is required.

PREPARATION FOR GASTROSCOPY AND COLONOSCOPY

Fasting before endoscopy

Do not eat or drink anything for 4 hours before the procedure.

For colonoscopy: you will need to purchase a bowel laxative and follow the instructions. This laxative causes diarrhoea to clean out the bowel. Follow the instructions carefully. Drink plenty of clear fluids (eg water, chicken stock, broth, black coffee or tea) to prevent dehydration. Preparation begins 2 days before the procedure. Please call **9812 3394** if you have any questions.

What to Bring

Please bring all relevant doctor letters, endoscopy reports and a list of your medications, a list of drug allergies, your private health insurance membership details and your Medicare Card.

Where to Go

Endoscopy procedures are performed at the Endoscopy Unit, Ground Floor, Macquarie University Hospital, which is a private hospital. Consultations are conducted at Suite 404, Macquarie University Clinic, 2 Technology Place, Macquarie University, 2109.

Gastroscopy & Colonoscopy

Please allocate 2-3 hours in the hospital. After the procedure, you must not drive; nor perform complex physical or mental tasks for the rest of the day. If you take public transport another adult should accompany you.

Consultation

The doctor will conduct a short consultation with you on the day of your procedure both before and after the endoscopy. Alternatively your GP may request a consultation separate to the endoscopy procedure. Biopsy results will be mailed to your GP so plan to visit your GP 1-2 weeks after the endoscopy. You should discuss with your doctor what to do if you are on **diabetes medication, warfarin or clopidogrel** (Plavix, Iscover).

The vast majority of procedures are straightforward and free of complication. Complications can range from mild abdominal discomfort and short term change of bowel habit through to very rare serious bleeding (requiring a blood transfusion) and even perforation of the bowel (requiring surgery and a temporary colostomy bag). The balance between the risks and the benefits of the procedure require consideration.

Visit <http://www.gesa.org.au/leaflets/colonoscopy.cfm> for more information on colonoscopy.

Tick if a new request pad is required.